

# Advanced Rehab and Health Specialists - Health History Form

\*\*Please Complete Form in its Entirety

Date \_\_\_\_\_ Name \_\_\_\_\_

Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Sex: M F Social Security Number \_\_\_\_-\_\_\_\_-\_\_\_\_

Home Address \_\_\_\_\_

Phone Number \_\_\_\_\_ Home or Cell \_\_\_\_\_ Email Address: \_\_\_\_\_  
(Street) (City) (State) (Zip)

Emergency Contact \_\_\_\_\_ Emergency Contact Number \_\_\_\_\_

Referring/Primary Care Physician \_\_\_\_\_ PCP Number \_\_\_\_\_

## Tell Us About Yourself

How Would You Say Your Overall Health is at **This Time, Taking in Account the Reason You are Here Today?**

**Circle Just One Answer: Excellent Very Good Good Fair Poor**

**Please Check any of the following Whose Care you are currently under:**

\_\_\_\_\_ Medical Doctor \_\_\_\_\_ Psychiatrist/Psychologist \_\_\_\_\_ Physical Therapist  
\_\_\_\_\_ Dentist \_\_\_\_\_ Chiropractor \_\_\_\_\_ Massage Therapist \_\_\_\_\_ Personal Trainer

If you have seen any of the above in the last 3 months, what was the reason? \_\_\_\_\_

## Medications Name and Dosage Amount

\*Please list which **prescription or over the counter medication** you have taken in the last week: (Exclude Vitamins)

1. \_\_\_\_\_ 4. \_\_\_\_\_  
2. \_\_\_\_\_ 5. \_\_\_\_\_  
3. \_\_\_\_\_ 6. \_\_\_\_\_

## Medical History

\*Have you had or Do You Presently Have ANY of the Following? (Check if "YES")

<input type="checkbox"/> Allergies	<input type="checkbox"/> Diabetes	<input type="checkbox"/> Metal Implants
<input type="checkbox"/> Anemia	<input type="checkbox"/> Dizzy Spells	<input type="checkbox"/> MRSA
<input type="checkbox"/> Anxiety	<input type="checkbox"/> Emphysema/Bronchitis	<input type="checkbox"/> Multiple Sclerosis
<input type="checkbox"/> Arthritis	<input type="checkbox"/> Fibromyalgia	<input type="checkbox"/> Muscular Disease
<input type="checkbox"/> Asthma	<input type="checkbox"/> Fractures	<input type="checkbox"/> Osteoporosis
<input type="checkbox"/> Autoimmune Disorder	<input type="checkbox"/> Gallbladder Problems	<input type="checkbox"/> Parkinsons
<input type="checkbox"/> Cancer	<input type="checkbox"/> Headaches	<input type="checkbox"/> Rheumatoid Arthritis
<input type="checkbox"/> Cardiac Conditions	<input type="checkbox"/> Hearing Impairment	<input type="checkbox"/> Seizures
<input type="checkbox"/> Cardiac Pacemaker	<input type="checkbox"/> Hepatitis	<input type="checkbox"/> Smoking
<input type="checkbox"/> Chemical Dependency	<input type="checkbox"/> High Cholesterol	<input type="checkbox"/> Speech Problems
<input type="checkbox"/> Circulation Problems	<input type="checkbox"/> High/Low Blood Pressure	<input type="checkbox"/> Stroke
<input type="checkbox"/> Covid -19	<input type="checkbox"/> HIV/AIDS	<input type="checkbox"/> Thyroid Disease
<input type="checkbox"/> Currently Pregnant	<input type="checkbox"/> Incontinence	<input type="checkbox"/> Tuberculosis
<input type="checkbox"/> Depression	<input type="checkbox"/> Kidney Disease	<input type="checkbox"/> Vision Problems

## Life Style and Exercise Habits

Do You Feel You Are?

- Sedentary  
 Moderate Physical Activity: Walk >30min 5 days/Wk  
 Vigorous Physical Activity: Run >20min 3 days/Wk

What is Your Job Description?

- Sedentary (Desk/Office Work)  
 Moderate (Student/Factory)  
 Active (Heavy Laborer)

Yes No During the Past Month Have You Been Feeling Down, Depressed, Having Little Interest or Pleasure in Doing Things?

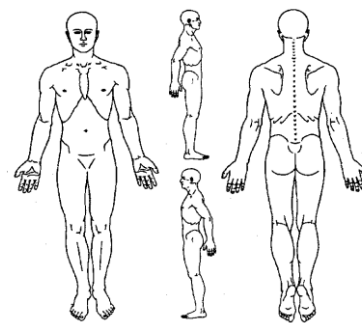
Yes No During the Past 12 Months Have You Fallen Down? If so, How Many Times? \_\_\_\_\_

## Surgeries and/or Hospitalizations

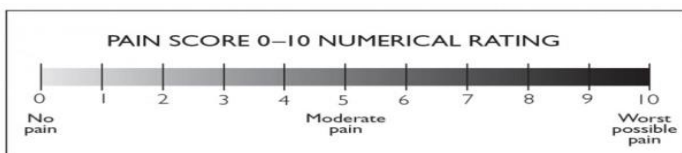
\*Please Include Dates and Reason

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Use the Diagram to Indicate Where Your Having Pain or Other Symptoms.



Use Pain Scale to Indicate Level of Pain.



**CONSENT TO TREATMENT:** I have read, understood, and verified that the above information is true and correct. I realize I am a partner in my treatment and will be informed of my plan of care, goals and expected outcomes. I realize that I can openly discuss questions or concerns with ARHS staff in a confidential manner.

**\*CANCELLATION POLICY.** Should you need to cancel/reschedule an appointment please do so 24-Hours before your appointment time. Failure to do so will result in a \$25 charge to your account. We realize emergencies arise and are sometimes unavoidable; however, advanced notification allows us to keep the office operating efficiently.

**\*YOUR CO-PAY IS DUE AT EACH VISIT.** Should your insurance deny payment, you will be responsible for outstanding charges. If your Insurance pays you, you will remit payments to ARHS.

**\*PATIENT ACCOUNT POLICY.** A patient's account is not allowed to exceed more than \$250 and/or 30 days past due. If this should occur the patient WILL BE REQUIRED to make payment in full before care will be continued.

**\*\*\*I acknowledge** Advanced Rehabilitation and Health Specialists are in compliance with all HIPAA and Privacy Policies.

**\*\*\*I Authorize** Advanced Rehabilitation and Health Specialists to discuss my health information with:

1. \_\_\_\_\_
2. \_\_\_\_\_

PRINT PATIENT NAME: \_\_\_\_\_

PATIENT SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

PARENT'S SIGNATURE IF MINOR: \_\_\_\_\_ DATE: \_\_\_\_\_