

2017

24/7 Fitness

*Black – Yoga Only
Grey – Exercise Class Times*

Sunday	Monday	Tuesday	Wednesday
Friday	Friday ₀₂	Friday ₀₂	
3	4	5	
	8:15 am – 12pm	8:15 am – 11 am	8:15 am – 12pm 6pm – 7:30pm
10	11	12	
	8:15 am – 12pm	8:15 am – 11 am	8:15 am – 12pm 6pm – 7:30pm
17	18	19	
	8:15 am – 12pm	8:15 am – 11 am	8:15 am – 12pm 6pm – 7:30pm
23 ₂₃₃₀ 24	24 ₂₄₃₀ 25	25 ₂₅₃₀ 26	
	8:15 am – 12pm	8:15 am – 11 am	8:15 am – 12pm 6pm – 7:30pm
30 ₃₀₃₀ 31	03 ₁₃₁₃ 1		