

2017

24/7 Fitness

*Black – Yoga Only
Grey – Exercise Class Times*

Sunday	Monday	Tuesday	Wednesday
Sunday	Sunday ¹²	Sunday ²³	
	8:15 am – 12pm	8:15 am – 11 am	8:15 am – 12pm 6pm – 7:30pm
8	9	10	
	8:15 am – 12pm	8:15 am – 11 am	8:15 am – 12pm 6pm – 7:30pm
15	16	17	
	8:15 am – 12pm	8:15 am – 11 am	8:15 am – 12pm 6pm – 7:30pm
22	23	24	
	8:15 am – 12pm	8:15 am – 11 am	8:15 am – 12pm 6pm – 7:30pm
28 28 31 29	29 29 31 30	30 30 31 31	
	8:15 am – 12pm	8:15 am – 11 am	
03 03 13 1	03 13 13 1		