

February

2018

24/7 Fitness Center

Black – Yoga Only
Grey – Exercise Class Times

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 8:15 am – 11 am	2 8:15 am – 12pm	3 9:30 am – 11 am
4	5 8:15 am – 12pm	6 8:15 am – 11 am 5:30-630 pm	7 8:15 am – 12pm 6pm – 7:30pm	8 8:15 am – 11 am 5:30-630 pm	9 8:15 am – 12pm	10 9:30 am – 11 am
11	12 8:15 am – 12pm	13 8:15 am – 11 am 5:30-630 pm	14 8:15 am – 12pm 6pm – 7:30pm	15 8:15 am – 11 am 5:30-630 pm	16 8:15 am – 12pm	17 9:30 am – 11 am
18	19 8:15 am – 12pm	20 8:15 am – 11 am 5:30-630 pm	21 8:15 am – 12pm 6pm – 7:30pm	22 8:15 am – 11 am 5:30-630 pm	23 8:15 am – 12pm	24 9:30 am – 11 am
25	26 8:15 am – 12pm	27 8:15 am – 11 am 5:30-630 pm	28 8:15 am – 12pm 6pm – 7:30pm			