

December

24/7 Fitness

Black – Yoga Only
Grey – Exercise Class Times

Sunday	Monday	Tuesday	Wednesday
Wednesday	Wednesday ₀₂	Wednesday ₀₃	Wednesday
3	4	5	
	8:15 am – 12pm	8:15 am – 11 am	8:15 am – 12pm 6pm – 7:30pm
10	11	12	
	8:15 am – 12pm	8:15 am – 11 am	8:15 am – 12pm 6pm – 7:30pm
17	18	19	
	8:15 am – 12pm	8:15 am – 11 am	8:15 am – 12pm 6pm – 7:30pm
24	25	26	
		8:15 am – 11 am	8:15 am – 12pm 6pm – 7:30pm

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